

For Immediate Release: Tracey Harbour, Administrator 910-235-5000

> Local Orthopedic Surgeon Performs 100th Total Joint Replacement Surgery John Moore, M.D., Hits Milestone at Surgery Center of Pinehurst

PINEHURST, NC. (May. 4, 2016) – Surgery Center of Pinehurst is proud to announce that orthopedic surgeon John Moore, M.D., performed his 100th outpatient joint surgery recently.

Dr. Moore's first outpatient total joint surgery was completed in May 2009. Since then, all his outpatient total joint surgeries have been performed at the Surgery Center of Pinehurst. Dr. Moore has had a zero patient readmission post-surgery rate and he attributes the success of his procedures to his nursing team and staff members.

"Developing our outpatient program is what has made our entire team successful in performing these surgeries," said Dr. Moore. "Finding the correct personnel has made the most significant difference. We've spent hundreds of hours assembling the team we currently have and, as a result, everyone is on the same page and we're able to produce the best possible outcomes for the patient."

Tina Williams, a local third grade school teacher, was Dr. Moore's 100th total joint patient as a result of sustaining a major hip injury earlier in the year.

"I've always lead an active lifestyle, so when I recently suffered a major hip injury from running, I was left feeling helpless," said Williams. "At times, the pain was unbearable and my friends and colleagues began noticing how much of a toll this injury was taking on my body and my health. Dr. Moore had performed surgery on my opposite hip a few years earlier and I knew how well my mobility and well being improved, so I was aware that this was an option."

Based on her level of daily pain, Williams knew that surgery was going to be the best solution in her situation. Regardless, Dr. Moore took the precautionary measures to determine that the outpatient joint surgery was necessary.

"Prior to surgery, Dr. Moore exhausted all other possibilities to ensure this procedure was the best solution. He and the entire staff at Surgery Center of Pinehurst were extremely accommodating and I knew they legitimately cared about helping me get better," Williams continued. "The procedure was fast and easy and my post-op healing occurred seamlessly."

Completing 100 outpatient total joint surgeries has yielded valuable insight to Dr. Moore as to what is most important to both his patients and their families when having a procedure done at Surgery Center of Pinehurst. Having a clear understanding of patient expectations has allowed him to better serve his community.

"Even though we're performing minimally invasive procedures that have drastically better results and outcomes than previous joint replacement methods, my patients and their families do their research and bring questions to the table," Moore explained. "It's crucial for us that we take our time to thoughtfully and thoroughly explain the procedure and what they can expect. I want my patients to be confident and at ease before surgery." Upon completing this milestone, Dr. Moore has valued the results that his patients enjoy over the sheer quantity of the procedures he has performed. When performing his surgeries, seeing a patient beginning-toend is pivotal to ensure that everyone involved is confident and comfortable before and after the surgery has been completed.

"Helping people regain mobility is the most rewarding part of what I do," continued Moore. "Initially, when my patients come in for a consultation, they're in pain and wanting to restore normalcy to their lives. When the procedure and healing process is complete, they're smiling and happy. Seeing that they had a great experience and are no longer suffering from constant pain in such a short amount of time is extremely fulfilling."

Now, nearly a month removed from the surgery, Williams has been given a lasting impression by Dr. Moore and the method in which he helped her regain her mobility.

"Although this was the second hip surgery that Dr. Moore had performed for me, what I'll take away from the experience was how and when he performed the surgery," Williams concluded. "Despite having a full schedule for months, he knew how much pain I was in and how defeated I felt. He took the time, brought me in and performed the surgery over his lunch hour. Now, as a result, those same friends and colleagues who knew how much pain I was in can't believe how much happier and better I feel from having this surgery."

While outpatient total joint surgeries have traditionally been performed in a hospital setting, the trend in healthcare is shifting to outpatient procedures in ambulatory surgery centers like the Surgery Center of Pinehurst. They offer better rehabilitation protocols as a result of smaller incisions yielding better expectations and results for improved recovery.

Surgery Center of Pinehurst provides a more intimate, customized approach to healthcare, ensuring the patient is comfortable and confident with the experience and the patient's family is well informed of pre and post-operative procedures.

"I'm proud to have completed my outpatient total joint surgeries at Surgery Center of Pinehurst," Moore said. "They provide a unique, concierge-like environment for the patient that varies significantly from that of a traditional hospital. We put great importance on developing a one-on-one relationship with the patient, which means that they're much more informed and at ease about their procedure. While this is not the easiest environment to cultivate and maintain, Surgery Center of Pinehurst excels at it."

Tracey Harbour, administrator at Surgery Center of Pinehurst, has been with Dr. Moore through every outpatient total joint replacement surgery he's completed and understands the value that he not only brings to the facility but to his patients.

"Dr. Moore has been pivotal to the success of our facility," said Tracey Harbour, administrator. "The relationship and rapport that he develops with his patients sets the precedent for what modern day healthcare should be. I'm very proud of his success and that we can share in this accomplishment with him."

Dr. Moore earned his medical degree from the University of Mississippi School of Medicine and completed his internship at the Mayo Clinic in Rochester, Minnesota. He then went to the University of Oklahoma to complete his Residency in Orthopedic Surgery and a Fellowship in Adult Hip and Knee Reconstruction at the Presbyterian Hospital Center for Joint Replacement in Albuquerque, New Mexico.

For more information on Dr. Moore or to have an outpatient total joint procedure performed, call Surgery Center of Pinehurst at 910-235-5000.

About Surgery Center of Pinehurst

The Surgery Center of Pinehurst is physician-owned and opened in January 2006. It is a for profit organization jointly owned by area physicians, First Health of the Carolina's and Nueterra Healthcare. We have six operating rooms and two pain procedure rooms with services in orthopedic surgery, ENT, gynecology, general surgery, plastic surgery, children's ophthalmology, urology, podiatry and pain management. We have an elite team of anesthesiologists and nurse anesthetists. Our facility offers easy access and convenient parking to the patients and family. It is our goal to provide quality patient care in a small efficient facility on an ongoing basis.