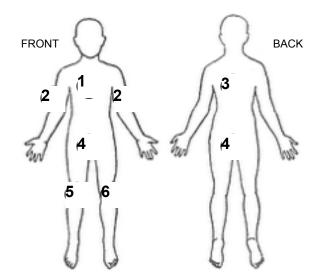
How To Use The CHLORHEXIDINE GLUCONATE (CHG) Disposable Cloths

Prepping Your Skin The Night Before Surgery

- Shower or bathe thoroughly.
- Wait two (2) hours after your shower or bath.
- DO NOT apply any lotions, creams, moisturizers, or deodorants.
- After two (2) hours have passed, follow the instructions below:

*** USE BOTH SIDES OF CLOTH FOR FULL EFFECTIVENESS / CLEANLINESS ***



1

CLOTH

Clean your neck and chest area thoroughly.

CLOTH 2

Clean both arms using this one cloth. Start with the shoulder and ending at the fingertips. Be sure to include arm pits.

CLOTH

Have someone assist to clean your back. Clean from the base of your neck to your waistline.

CLOTH 4

Clean your buttocks and groin area. Be sure to wipe the folds in the abdominal and groin areas. LADIES—This is an external wipe only, DO NOT wipe internally or between labia. MEN—Avoid wiping the urethral area (tip of penis).

CLOTH 5

Clean your right leg thoroughly starting at the thigh and ending at the toes.

CLOTH 6

Clean your left leg thoroughly starting at the thigh and ending at the toes.

*** DO NOT RINSE ***

Prepping Your Skin The Morning Of Surgery

- DO NOT SHOWER, BATHE, OR SHAMPOO HAIR.
- Open a new package and follow the instructions listed above for the night before surgery.