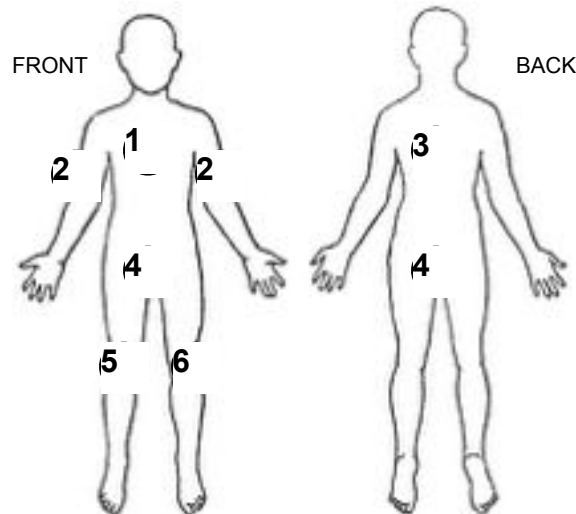


How To Use The **CHLORHEXIDINE GLUCONATE (CHG)** Disposable Cloths

Prepping Your Skin The Night Before Surgery

- Shower or bathe thoroughly.
- Wait two (2) hours after your shower or bath.
- **DO NOT** apply any lotions, creams, moisturizers, or deodorants.
- After two (2) hours have passed, follow the instructions below:

***** USE BOTH SIDES OF CLOTH FOR FULL EFFECTIVENESS / CLEANLINESS *****



CLOTH 1
Clean your neck and chest area thoroughly.

CLOTH 2
Clean both arms using this one cloth. Start with the shoulder and ending at the fingertips. Be sure to include arm pits.

CLOTH 3
Have someone assist to clean your back. Clean from the base of your neck to your waistline.

CLOTH 4
Clean your buttocks and groin area. Be sure to wipe the folds in the abdominal and groin areas.
LADIES—This is an external wipe only, **DO NOT** wipe internally or between labia.
MEN—Avoid wiping the urethral area (tip of penis).

CLOTH 5
Clean your right leg thoroughly starting at the thigh and ending at the toes.

CLOTH 6
Clean your left leg thoroughly starting at the thigh and ending at the toes.

***** DO NOT RINSE *****

Prepping Your Skin The Morning Of Surgery

- **DO NOT SHOWER, BATHE, OR SHAMPOO HAIR.**
- Open a new package and follow the instructions listed above for the night before surgery.

***** DO NOT FLUSH THE WIPES *****